



Health Grade 4 (Sharing What It Means to Be Healthy) Apply Decisions (AP)					
OUTCOMES		1 – Little Evidence With help, I understand parts of the simpler ideas and do a few of the simpler skills.	2 – Partial Evidence I understand the simpler ideas and can do the simpler skills. I am working on the more complex ideas and skills.	3 – Sufficient Evidence I understand the more complex ideas and can master the complex skills that are taught in class. I achieve the outcome.	4- Extensive Evidence I have a deep understanding of the complex ideas, and I can use the skills I have learned in situations that were not taught in class.
AP 4. 1 I can design and apply, with guidance, two four-day action plans that require communication related to healthy eating and physical activity, prevention/ management of health challenges, negotiating disagreements, safety and protection, personal identity, and stressors.	Design	<ul style="list-style-type: none"> • With frequent guidance, I can design a brief outline of AT LEAST ONE four-day action plan, including a schedule and A FEW of the basic steps for effective action plans (Who, What, Where, When, Why, How). 	<ul style="list-style-type: none"> • With guidance, I can design a brief outline of AT LEAST ONE four-day action plan, including a schedule and MANY of the basic steps for effective action plans (Who, What, Where, When, Why, How). 	<ul style="list-style-type: none"> • With minimal guidance, I can design a brief outline of TWO four-day action plans, that includes ALL of the basic steps for effective action plans (Who, What, Where, When, Why, How) AND a schedule. 	<ul style="list-style-type: none"> • Independently, I can design an outline of TWO four-day action plans that includes ALL of the basic steps for effective action plans (Who, What, Where, When, Why, How) AND a schedule
	Apply	<ul style="list-style-type: none"> • I require frequent guidance to carry out the steps identified in ONE of my action plans. 	<ul style="list-style-type: none"> • With guidance, I can follow my outline to implement at least ONE action plan. 	<ul style="list-style-type: none"> • With minimal guidance, I can follow my outline to implement TWO action plans. 	<ul style="list-style-type: none"> • I can show evidence of implementing and reflecting on TWO action plans.
Comments					